



Gateway to the adventure... 



[www.trekindiamanali.com](http://www.trekindiamanali.com)

## About Trek India Outdoors ...

Trek India Outdoors is a team of outdoor professionals with decades of experience in conceptualizing and organizing adventure activities.

Trek India Outdoors ventures out an exceptional voyage that lingers on with an adventure seeking enthusiast forever. With vast multitude of activities involving light physical exertion to major mountaineering expeditions, you name any alphabet on the name of adventure and we promise to bring it out alive for you with our experienced leaders and team. Our main motive is to provide you an exquisite experience.



## Our camp

Our base camp is located in a beautiful heritage village, Naggar ( 5800 feet ), 20 Kms. short of Manali. Naggar was the capital of erstwhile Kullu state for about 1400 years. It has number of ancient temples and is also known for its castle and Roerich art gallery which houses the paintings of Nicholas Roerich as well as his sculptures.

The camp is established in a terraced orchard and commands a panoramic view of the valley from majestic snow clad mountains, to dense forest and lush green meadows. The camp is a hub of adventure activities and is functional from March to December every year. Activities such as Trekking, Mountaineering expeditions, Jeep safaries, Mountain biking, Angling, Motor biking tours, Skiing, Rock climbing, River crossing, High rope activities and many more are conducted from here.



activities



The camp is established in a terraced orchard and commands a panoramic view of the valley from majestic mountains, to dense forest, to lush green meadows. Our camp holds the privilege of conducting adventure activities in such a spectacular location. The camp is a hub of adventure activities and is functional from March to December every year. Activities such as Trekking, Mountaineering expeditions, Jeep safaries, Mountain biking, Angling, Motor biking, Skiing, Rock climbing, River crossing, High rope activities and many more are conducted from here.



activities



# Adventure camp - 2016

01st April onwards for a minimum group of 20 pax and above

In our constant endeavor to provide an educative outdoor experience and an opportunity to develop ability and confidence amongst the youth above the age of 10 years , Trek India is conducting Adventure camp. This camp will enrich the experience of our youth and will inculcate a sense of responsibility, courage, team work, self-confidence, discipline that helps them in every walk of life.



## The schedule:

### Day 01:

Report at Base camp Naggar, ( 5,800 feet ).

**Forenoon** : Introduction to the Instructors team, briefing of the programme, Do's and Don'ts, Mountain manners, group formation. Expectation session, team & confidence building games.

**Afternoon:** Mountain sports climbing , High rope activities : Commando net, Swinging bridge, Plank walk, Burma bridge, sloth walk and obstacles. The day ends with bonfire after dinner.



**Day 02: Forenoon** : River crossing and rappelling.

**Afternoon:** Orientation and preparation for the trek. The day ends with an adventure movie and bonfire after dinner.

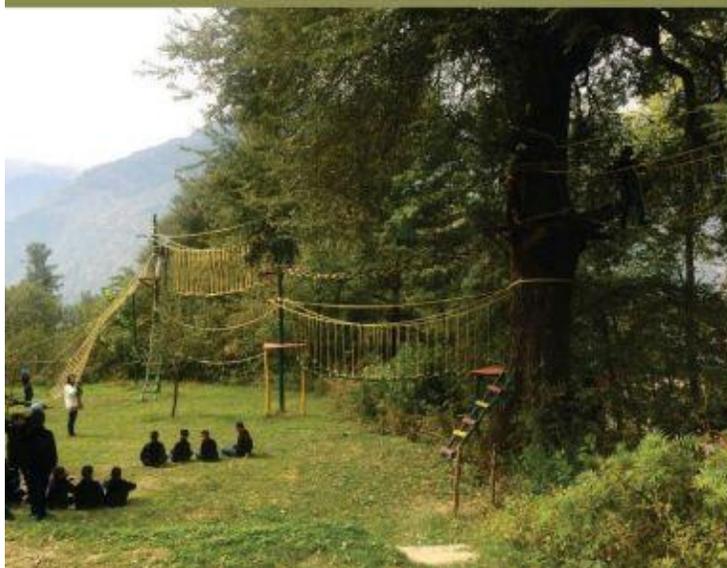
**Day 03:** After breakfast we trek to the higher camp to get the pleasure of gaining height and also enjoying the picturesque setting of the surrounding mountains. Night out in the Jungle camp.

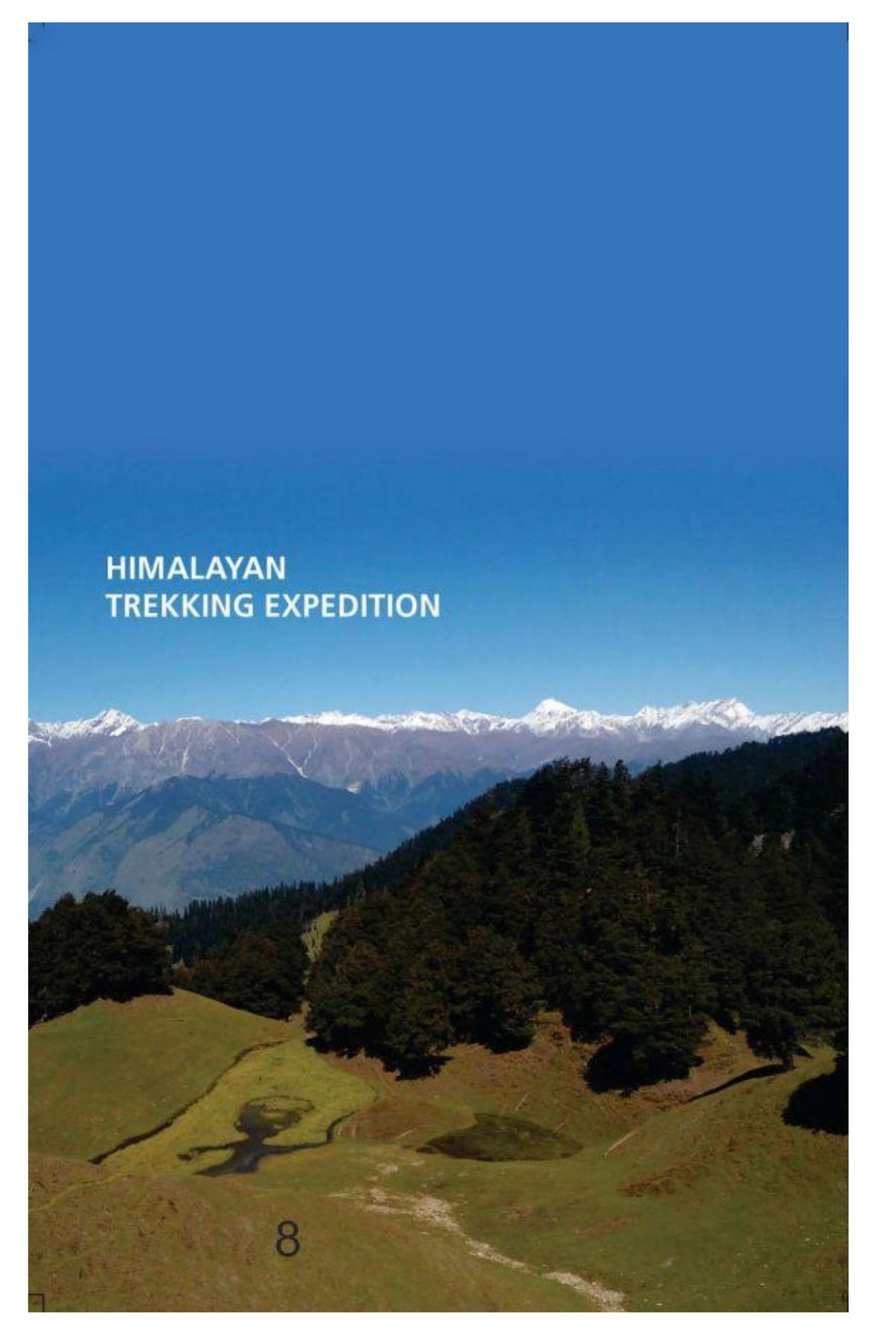


**Day 04:** It will be one of the most exciting day when we trek to the snow field to indulge in snow games and back to Jungle camp by evening.

**Day 05:** Before leaving for base camp, we make sure that we don't have any leftovers and we'll clean the campsite as responsible nature lovers. After Lunch at Base camp, team and confidence building games followed by distribution of certificates.

**Day 06:** The programme will be concluded after breakfast.





# HIMALAYAN TREKKING EXPEDITION

## HIMALAYAN TREKKING EXPEDITION

Dhana Kunnu Pass – 11,800 Feet ( Chanderkhani ridge )

5th May onwards



The most natural way of exploring the majestic beauty of Himalaya is trekking. Trekking infuses a feeling of comradeship, self reliance besides it inculcates a sense of perseverance. The vast expanse to the highest mountain chain, sheer magnitude of its snowy heights and indefinable feeling of joy and elation that they evoke in the mind of a trekker, make a trek in the Himalaya an experience to be remembered. Are you interested to gain such a wonderful experience? Pack your rucksack for the thrill and join Trek India's 7 days sojourn in one of the dreamiest valleys – Manali, nestled in two beautiful ranges- Pirpanjal and Dhauladhar of western Himalaya in Himachal Pradesh. Picture postcard perfect Manali, with its fertile valleys, evergreen thicket and crystal clear gushing rivers which set against the backdrop of towering mountains provides everything that an adventure seeking youth desires.



## The Schedule:

### Day 01: Report at Base camp Naggar, (5,800 feet).

**Forenoon :** Acclimatisation trek to the Heritage village Naggar, visit Naggar castle, Roerich art gallery and ancient temples.

**Afternoon:** Mountain sports climbing , High rope activities : Commando net, Swinging bridge, Plank walk, Burma bridge, sloth walk and obstacles. The day ends with the bone fire after dinner.



### Day 02: Forenoon : River crossing and rappelling at picturesque village Nashala.

**Afternoon:** Orientation and preparation for the trek. The day ends with an adventure movie and bone fire after dinner.

### Day 03: NAGGAR - JANA - MATIKOCHAR (Approx. 7,250 Feet.)

Transfer to Jana, the trek begins from the old picturesque village Jana. It leads through a thick forest of magnificent pines, cedar forest and apple orchards and provides a beautiful view of the valley and snow clad peaks. Matikochhar commands a panoramic view of Kullu valley, particularly of Kullu town. During night in a clear weather one gets a feeling as if there are two skies, one on the top of our head with twinkling stars and the second below with glimmering artificial lights. Camp at Matikochar near the forest hut.

### Day 04: MATIKOCHAR - PHUTASOR - RUMTU ( approx. 9,240 Feet)

Initially a steep but later a gradual trek through dense forest of Pine, Oak, Rhododendron and beautiful meadows takes us to the small natural lakes at Phutasor. The trek continues with a number of ascend and descend but is equally rewarding. Camp at Rumtu .

**Day 05 : RUMTU - DHANA KUNNU ( Approx. 11,800 Feet ) – CHAKLANI (Approx. 10,400 Feet )** Initially a steep ascend to the top of Dhanna Kunnu Pass. The Pass overviews a wide and panoramic view of PIR PANJAL, DHAULADHAR ranges and PARVATI VALLEY. Traverse the ridge and get down to the beautiful camp at Chaklani. Overnight at Chaklani.

### Day 06: CHAKLANI - NAGGAR

Descend down to the base camp Naggar through the beautiful meadows and the forest of Oak and Pine and old villages of Kullu valley. Distribution of certificates in the evening.

**Day 07:** The programme concludes after breakfast.

Note: The above programme will be conducted from 05th May (depending on snow conditions) to 15th June on fixed camping basis. However, the same can be organised on request upto 30th November in Alpine style.



## Alpine Treks

Himalaya offers some of the most breathtaking and enthralling trekking trails.

Trek India Outdoors organizes Alpine style trekking expeditions on the following trails in different seasons.



- **Dhana Kunnu**  
Season: May – November  
Duration: 4 – 7 days  
Maximum Altitude: 11,800 Feet
- **Hamta Pass**  
Season: June – October  
Duration: 5 – 8 days  
Maximum Altitude: 14,050 Feet
- **Base of Deo Tibba ( Chandertaal )**  
Season: Mid May – October  
Duration: 7-8 days  
Maximum Altitude: 14,700 Feet
- **Bhrigu Lake**  
Season: Mid May – November  
Duration: 3-5 days  
Maximum Altitude: 13,894 Feet
- **Bara Bhangal**  
Season: July – September  
Duration: 12-13 days  
Maximum Altitude: 15,430 feet
- **Bijli Mahadev**  
Season: January – December  
Duration: 3 – 5 days  
Maximum Altitude: 9840 Feet
- **Chanderkhani – Malana**  
Season: April – November  
Duration: 3 – 7 days  
Maximum Altitude: 11,800 Feet
- **Beas Kund**  
Season: May – October  
Duration: 4 – 6 days  
Maximum Altitude: 12,100 Feet
- **Lake of Moon Chandertaal**  
Season: July – September  
Duration: 3– 11 days  
Maximum Altitude: 13,950 Feet
- **Parang La**  
Season: July – September  
Duration: 14-15 days  
Maximum Altitude: 18,286 Feet
- **Bhaba Pass**  
Season: July – September  
Duration: 10– 11 days  
Maximum Altitude: 15,975 Feet
- **Pin Parvati Pass**  
Season: July – September  
Duration: 11 – 14 days  
Maximum Altitude: 15,777 Feet
- **Rani Sui Lake**  
Season: June - October  
Duration: 4 – 6 days  
Maximum Altitude: 13,100 Feet

# Climbing Expeditions



"Great things are done when Men and Mountains meet. This is not done by jostling in the street." - William Blake

India is blessed by the almighty as major portion of the mighty Himalaya is in its territory. Himalaya has been a play ground for deities, saints and pilgrims from centuries together. It has inspired the adventure seekers with its most majestic and splendor beauty.

In addition, Himalaya invites mountaineers for its mystic beauty and challenging peaks

We are specialized in organizing Climbing expedition to these peaks. Our qualified and experienced team of Mountaineers helps in selection of peak and obtaining all necessary permissions from different agencies along with logistical and technical support.



# Jeep Safaris

Travelling on the wheels, on the off roads of the middle and the greater Himalayan ranges, gives an opportunity to drive on the world's highest roads to an adventure seeker. The breath taking beauty of the barren and awesome landscape, lakes, monasteries , unique flora and fauna, large snowcapped mountains and extensive plains makes you to feel like in the heaven besides knowing tribal people and culture. The Trans Himalayan Safaris take you to the land of wonders "SPITI" which is more a part of "Little Tibet" .

Some of our Jeep safaris are as under :

## **Trans Himalayan Jeep Safari**

Shimla - Kinnaur - Kaza - Manali

No. of days - 06 to 12

Best period - July to September

## **Ladakh " The Last Shangrila"**

Manali - Keylong - Leh

No. of days - 06 to 12

Best period - July to September

## **Himachal "The Wonderland"**

Manali - Udaipur - Killar - Chamba

No. of days - 06 to 08

Best period - July to September

## **Chandertal "The Lake of Moon"**

Manali - Chandertal - Kaza

No. of days - 05 to 07

Best period - July to September



## Mountain Biking

To explore the Himalaya on a mountain bike you need a reasonable level of strength. The mighty Himalaya offers unlimited options from day trips to long cycling expeditions. For leisure bikers, the lush and beautiful Kullu valley provides a superb opportunity to ride through the thick forests, lush green fields, orchards and beautiful villages having a backdrop of snow-clad mountain ranges.

Starting from Manali you can take a challenge of cycling over world's highest roads. The breath taking beauty of the barren and awesome landscape, lakes, monasteries, unique flora and fauna, high peaks and extensive plains makes you to feel like in the heaven. All our cycling expeditions are supported by a professional & hefty backup team.

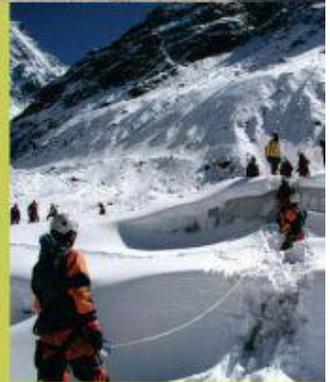


## Other Activities

### Responsible Tourism

Trek India Outdoors wants to ensure that our visits provide a productive and positive interaction with both the people and the nature.

Trekking and Climbing also has its responsibilities and it realize that the mountain environment is not just an adventure playground. Our aim is to ensure a high consciousness regarding environmental issues whilst in the mountains.





### **Trips in Kullu valley**

No. of days – 03 to 07

Region – Kullu-Manali

Season – Mid March - June  
and September- November

### **Manali – Leh – Khardungla**

No. of days – 10 to 14

Region – Kullu/ Manali, Lahoul  
and Ladakh

Season – July to September

Maximum Alt. – 5578 Mts.

### **Spiti Valley**

No of days - 06 to 08

Region – Kullu/ Manali  
and Spiti valley

Season – July to September

Maximum Alt. – 4590 Mts.



**TREK INDIA**

outdoors



**TREK INDIA OUTDOORS PVT. LTD.**

Approved by Himachal Tourism, Govt. of Himachal Pradesh

Registered with Indian Mountaineering Foundation



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